

## Letting go of trying to control life.

**Let go-** It doesn't mean that I stop caring. It means I can't do everything for everyone.

**Let go-** It's not to cut myself off from people. It's the realization that I can't control people.

**Let go-** It's not to enable someone's problem, but to allow them to learn natural consequences.

**Let go-** It means I can admit that a particular outcome is out of my hands.

**Let go-** It's knowing I can only change myself, and accept that others must change themselves.

**Let go-** It's caring about others, not caring for them when they can care for themselves.

**Let go-** It's being supportive of others, not trying to fix them.

**Let go-** It's allowing others to be as human as I am, not condemning their humanity.

**Let go-** It's giving others the space to face reality, rather than trying to protect them from it.

**Let go-** It's valuing and loving others as God loves them, not just in earthly terms.

**Let go-** It's accepting the reality of what is happening at the moment, rather than denying it.

**Let go-** It's working on my own shortcomings, instead of arguing, nagging, or scolding another.

**Let go-** It's being glad that I can do what I can do, instead of bemoaning what I can not do.

**Let go-** It's thankfully cherishing each day and moment as they come, not forcing life my way.

**Let go-** It's doing what is right or needful, when I want to do the opposite.

**Let go-** It's accepting myself as God grows me, rather than denigrating or worshipping myself.

**Let go-** It's pursuing good in life, to share it with others, rather than looking for their faults.

**Let go-** It's trusting God and His timing, rather than making idols of people or things in life.

**Let go-** It's giving love, and loving to give, rather than seeking what others can do for me.

**Let go-** It's letting my good dreams triumph over my pains and failures.

**Let go-** It's living today, hopeful toward the future, having learned from the past.

**Let go-** Increasing in my love toward God, others, and self, I decrease in my fears.

**Let go-** I can be at peace when others can not or will not fulfill my needs or desires.

**Let go-** I can trust God to make a way that is best for me.